

Join our Team

Volunteers are the backbone of our program and there are many ways you can help...we are always looking for new volunteers to horse handle, sidewalk, groom & tack, and to help fundraise.

If you are able to help out or would like more information on Hozho, please contact our Volunteer Coordinator 423-994-6260 or Program Manager at 706-935-5559 or simply fill out this form and one of our dedicated staff members will contact you.

Name: _____

Address: _____

Telephone: _____

Email: _____

Area of Interest: _____

*Training is provided for horse handling and
Certificates of Completions are offered.*



"My family became volunteers with Mystery Dog in the summer of 2010. It is such an amazing experience to witness these children to physically grow stronger and become more confident. At first they seem reluctant to climb aboard such a large animal, but once they have felt the gentleness of each special horse their fear diminishes and the smiles and laughter are everywhere. This program works wonders in each and every child. It is an honor to be a part of such a rewarding organization. We look forward to each time we spend with these children (that have become our friends) and with Mystery Dog. Keep up the good work MDR!!"

-Lanai Yelverton

Ways You Can Help

Sponsor a Horse

- \$250 for a month
- \$1200 for six Months
- \$2400 for a year



Sponsor a Rider

- \$300 for a semester
- \$600 for two semesters
- \$900 for the year
- \$200 for summer camp



Hozho is a registered non profit charitable organization. All donations go directly to the support of the program.

Name: _____

Address: _____

Phone: _____

Enclosed is my check or money order in the amount of \$ _____

*Please make checks payable to
Hozho Therapeutic Equestrian Services.
Each level of Sponsorship is recognized with
a gift of appreciation Thank you for supporting
our special children and Veterans.*

Contact us at
706-935-5559

975 Wooten Road
Ringgold GA, 30736



HOZHO

Mystery Dog Ranch

Live It - Ride It



HOZHO

THERAPEUTIC

EQUESTRIAN

SERVICES

A Non Profit
Organization

Mission Statement

To develop the total person - body, mind and spirit - promoting personal empowerment through specialized programs in a natural surrounding. Every individual regardless of any physical, developmental, emotional or social challenges shall enrich their quality of life with Hozho.



Staff

Our staff is comprised of dedicated individuals with the most extensive training from CHA, NARHA and EAGALA, as well as horses that have undergone years of training to be safe and confident mounts. Our primary objective is to provide a comprehensive alternative therapy for individuals with various physical and mental challenges from preschool age to seniors. Hozho offers 4 instructors with over 100 years combined horse experience and over 20 program horses to maximize each individuals



For over 15 years Mystery Dog Ranch has encouraged and helped children and adults of all abilities to achieve balance and harmony within their lives. This is Hozho, this is what we strive for.

Programs

Special Equestrians Therapeutic Riding-Therapeutic Riding opens new pathways of physical, mental and emotional rehabilitation. The rhythmic and rocking gait of the horse transfers a gentle three dimensional movement to the rider that relaxes muscles, Improves muscle tone, flexibility and balance, and enhances spatial awareness. Outdoors with a team of encouraging volunteers and a supportive horse, self-control, self-esteem, self-confidence and independence grows. Rehabilitation becomes a joy rather than a chore. Our riders, with challenges such as cerebral palsy, neuromuscular disorders, post-traumatic brain injury and stress, cognitive limitations, emotional disabilities, autism and attention deficit disorder, use horses to experience an overall improvement in their quality of life.

"Live It-Ride It" Summer Camp-Campers ages 5-22 will enjoy therapeutic horseback riding, arts and crafts, swimming, games and learn valuable skills! Campers will also be encouraged to be themselves and have FUN! **Live It-Ride It** camp is all about being proud of who you are and what you can accomplish while achieving balance in ones life!!!

Hippotherapy- Hippotherapy refers to the use of a horse as a treatment tool by professional therapists to address impairments, functional limitations, and disabilities in patients with neuro-musculoskeletal dysfunction. It can improve dynamic postural control, balance, mobility, and function but may also be used to achieve sensory processing and psychological, cognitive, behavioral, and communication outcomes.

As You Were- A special program designed for wounded warriors who have served our Country so bravely in OIF and OEF. Riding the horses gives them peace, confidence and the physical benefits of the horses gentle three dimensional movement.

Inner Light- A pilot program designed to work with traumatized women that focuses on restoring their self esteem & regaining their sense of self confidence & self worth, in turn strengthening their Inner Light and teaching them ways that they can make a positive difference in their families and their communities.

School of Horsemanship-A fun program dedicated to teaching riders of all abilities how to ride and properly care for a horse. Participants will be given fun projects to complete throughout their 10 week session as a way to learn more about their equine partner. Participants will learn about horse care, light veterinary care, hoof care, anatomy, and much more. This program was specially designed for Homeschoolers in the Chattanooga/North Georgia area interested in Equine Sciences.

At Risk Youth/Teen- Participants in equine therapy use feelings, behaviors, and patterns to better understand the horse and themselves. The field of using horses for therapy is growing rapidly and has been proven to be very effective in building confidence, improving communication and giving personal insights to participants involved with equine assisted therapy. Horses, like many other animals, communicate non-verbally. They use body language and often mirror the emotions and behaviors of the participants that surround them. Equine Assisted Psychotherapy builds skills in the following areas: Problem Solving, Work Ethic, Personal Responsibility, Team Work, Confidence, Attitude, Emotional Growth and Relationship Building.



DONATIONS and FUNDRAISERS keep the cost of programs & therapies low for our clients without insurance coverage, even providing services free of charge to those who qualify. MDR hosts the following events each year:

Rock and Ride Festival

First Saturday in June

Live Music, Trail Rides, BBQ, Cowboys and Mounted Shooting, just to name a few of the events and activities.



Mystery Dog

Haunted Ranch & Hay Ride

Every Weekend in October

Featuring the Headless Horseman, Ghouls, Ghosts, Fear Factor Contests and More!!!